

## First Aid at Work (FAW) Initial and Refresher 2 Day (14 Hours) Valid for 3 years

This FAW course (Initial and Refresher) is delivered over two days and is designed to help employers meet their obligation under HSE Guidance for First Aid at work.

During the course, students will develop the skills and knowledge needed to deal with a range of emergency first aid situations, including administering CPR, using a defibrillator, dealing with wounds and bleeding, minor injuries, Heart Attacks, Anaphylaxis, Bandaging, and much more.

HTS Instructors are all very experienced First Aid practitioners with many years of experience in Industrial, Transport, Commercial, Office, Shop, and Emergency Trauma Response Training. They will always tailor each course to the individual needs of the class and workplace setting as required.

### Course Content

- Aim/Role of a First Aider
- Priorities of Treatment
- Assessing an Emergency
- Primary Survey
- CPR
- AED
- Secondary Survey
- Choking
- Unconscious Casualty
- Levels of Response
- Shock
- First Aid Kits
- Poisoning
- Epilepsy
- Fractures
- Bandaging
- Wounds and Bleeding
- Cuts, Grazes, Splinters
- Recovery Position
- Burns and Scalds
- Head Injuries
- Seizures
- Stroke
- C-Spine Immobilisation
- Asthma
- Respiratory Disease
- Heart Attack
- Angina
- Chest Injury
- Diabetes
- Eye Injury
- Reporting/Recording Incidents