

Bespoke First Aid Course (As Required Hours) Valid for 3 years

This Bespoke First Aid course is delivered in as many hours or days depending on the customers' needs and is designed to help employers meet their obligation under HSE Guidance for First Aid at work.

During the course, students will develop the skills and knowledge needed to deal with a range of emergency first aid situations, including administering CPR, using a defibrillator, dealing with wounds and bleeding, minor injuries, and much more. (The course can also cover Amputation, Catastrophic Bleeding, Hypothermia, Suspension Trauma, Crush Injury, and Trauma Bandaging as required.)

HTS Instructors are all very experienced First Aid practitioners with many years of experience in Industrial, Transport, Commercial, Office, Shop, and Emergency Trauma Response Training. They will always tailor each course to the individual needs of the class and workplace setting as required.

Course Content Dependent on the needs of the customer and may include;

- Aim/Role of a First Aider
- Priorities of Treatment
- Assessing an Emergency
- Primary Survey
- CPR
- AED
- Secondary Survey
- Choking
- Unconscious Casualty
- Levels of Response
- Shock
- First Aid Kits
- Amputation
- Epilepsy
- Fractures
- Bandaging
- Wound Management
- Wounds and Bleeding
- Cuts, Grazes, Splinters
- Recovery Position
- Burns and Scalds
- Head Injuries
- Seizures
- Stroke
- C-Spine Immobilisation
- Asthma
- Respiratory Disease
- Chest Injury
- Eye Injury
- Catastrophic Bleeding
- Suspension Trauma
- Hypothermia
- Reporting/Recording Incidents